

Abstract of the Disclosure

An interactive television program guide system is provided in which a user may direct the program guide to display a browsing display screen.

- 5 The browsing display screen includes a list of current programs including a movable highlight region, a video window containing a television program to which the system is currently tuned, and a detailed description of the highlighted program listing. The user may
- 10 position the highlight region using remote control cursor keys. The user may then synchronize the content of the video window with the highlighted program listing by pressing a select key or a channel up or down key. If the user changes channels repeatedly
- 15 using the channel up and down keys, the contents of the video window and the highlighted program listings remain in synchronization.